

# IT'S OFFICAL I HAVE MOVED!

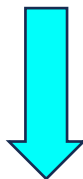
AS OF MONDAY 24<sup>th</sup> JULY 2023 YOU WILL FIND ME AT:

*W1Health (Rm 503/5<sup>th</sup> Floor)  
Linen Hall  
162-168 Regent Street  
London*

Here are 10 things you should know:

1. I am on Regent Street, in between Calvin Klein and Guess. Come through entrance door for Linen Hall (you may need to buzz after 5pm).
2. You will need to arrive 5 mins early to ensure you make it up to the room on time!
3. When you arrive, please tell reception your 'name' and you are here to see 'Nicky at W1 Health'.
4. You will be given a pass to tap in. You MUST tap 'in' at the reception desk!
5. Take the lift to the 5th floor (or stairs for those who prefer!) and follow signs on walls to room 503.
6. Tap your card on the reader to the right of the main door (black rectangular box on wall).
7. Please knock on the door of our room '503/W1Health', so I know you are here (I will say hello!).
8. Take a seat in the waiting area that you just passed on your left as you came in.
9. Toilets are in the corridor opposite the waiting area.
10. When you leave, please 'tap out' at reception and return your card to them.

Here are some photos below to help you find your way. You can ask the reception at Linen Hall to direct you too.



THE ENTRANCE (AFTER 5PM YOU WILL NEED TO BUZZ)



RECEPTION



TAPPING IN & OUT AT RECEPTION



THE LIFTS



WHEN YOU GET TO THE 5<sup>TH</sup> FLOOR  
FOLLOW SIGNS TO ROOM 503



TAP BLACK BOX TO  
UNLOCK DOOR



KNOCK ON OUR DOOR TO LET US  
KNOW YOU ARE HERE!



HAVE A SEAT IN WAITING AREA  
(JUST BEHIND YOU)



I look forwards to seeing you in my new space.

*Nicky x*