



If you would like to book a 'virtual appointment', please email: info@nickyellis.org, and we can arrange a Zoom appointment at a time that works for you. Please see below for what to expect during a virtual appointment.

Interview	We'll start with a chat over a video call to figure out what's going on
Physical Assessment	I observe how you move during specific movement tests
Diagnosis	I inform you of the results of the assessment
Treatment Plan	We chat about what options will work best for you
Treatment	Fun, creative and collaborative ways to get my virtual hands on you to loosen up joint and muscles
Possible onward referral	If you need a scan or more tests then I can refer you