



CORONAVIRUS PRECAUTIONS AT WELBECK HEALTH

In light of the Coronavirus, we wanted to let you know about the precautions that we are taking, and to ask for your help in protecting all of us from this disease.

Information about the Coronavirus is being updated almost daily. Currently, the UK government's advice is mainly based on practising good hygiene and minimising social contact. Needless to say, physical treatment generally requires some form of touch, so we are being as careful as we can.

SHOULD YOU COME TO YOUR APPOINTMENT?

In short, *DO NOT COME* if you have a high temperature, cough and difficulty with breathing. Please contact the reception team to cancel or cancel by clicking on the link in your appointment e-mail confirmation and reminder. You will not be charged for a cancellation.

If you test positive for the virus within 5 days following treatment, please let us know. If you are infected, we will need to self-isolate, and need to contact all patients we have treated since your session, warning them of the risk.

See flow chart below to help in your decision making process.

HYGIENE

We wash our hands/use hand sanitiser before touching you. Please would you kindly wash your hands before the session too. The bathroom is immediately outside the waiting area. There is also alcohol-based hand sanitizer in the waiting area for your use. Within the treatment room, there is a basin and cleaning wipes at your disposal and please feel free to use them.

We regularly change the couch linen and always cover it with single-use paper roll.



SARS-CoV-2 (Coronavirus)

Should you attend your appointment?

